





Meal Prices Student kfast \$1.70	Monday	Tuesday	Wednesday	Thursday	Friday	
klast \$1.70 keduced .30 unch \$2.70 keduced .40 <u>Adult</u> kfast \$2.00 unch \$3.30 ktra Milk .50					1	My Plate i on new die
CRIMINATION: are treated the rdless of ability ne operation of ding programs, vill be discrimi- inst because of color, religion, l origin, age or o. If you believe en discriminat-	<i>4</i> BREAKFAST PACK	5 BREAKFAST PACK	6 BREAKFAST PACK	7 BREAKFAST PACK	8	guidelines released b governmen encourage Americans more fruit vegetables whole grai fewer proc
, write immedi- ne USDA, Direc- ce of Adjudica- i Independence W, Washington, C. 20250-9410 erved With lilk: Vhite	11 BREAKFAST PACK	12 BREAKFAST PACK	<i>13</i> BREAKFAST PACK	14 BREAKFAST PACK	15	foods.
ree Strawberry ree Chocolate - Fortified Juice ed 2ereals are ar and whole	<i>18</i> BREAKFAST PACK	19 BREAKFAST PACK	20 BREAKFAST PACK	21 BREAKFAST PACK	22	Money m deposited in students mea by sending
h Fruits egetable Offered Daily.	25 BREAKFAST PACK	26 BREAKFAST PACK	27 BREAKFAST PACK	28 BREAKFAST PACK	29	personal chec to the school center or b online w credit/debit Mypayments

USDA This menu meets and has been certified under the

NEW USDA GUIDELINES

816.521.5371

We reserve the right to make menu substitutions as necessary

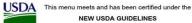






Daily.

Meal Prices	Monday	Tuesday	Wednesday	Thursday	Friday	
StudentBreakfast \$1.70Reduced .30Lunch \$2.70Reduced .40AdultBreakfast \$2.00Lunch \$3.30Extra Milk .50					1	My Plate is b on new dietar guidelines released by th
DN-DISCRIMINATION: hildren are treated the le regardless of ability ay. In the operation of hild feeding programs, child will be discrimi- ed against because of e, sex, color, religion, national origin, age or	4 CHEESEBURGER BAKED FRIES OR GRAB N GO TURKEY SANDWICH	5 TACO SALAS, SALSA OR GRAB N GO PB&J SANDWICH	6 ZESTY MEATSAUCE SPAGHETTI BREADSTICK OR GRAB N GO TURKEY SANDWICH	7 COUNTRY STYLE STEAK DINNER ROLL MASHED POTATOES & GRAVY OR GRAB N GO PB&J SANDWICH	8	government, encourages Americans to more fruits, vegetables, au whole grains fewer process foods.
ndicap. If you believe ave been discriminat- gainst, write immedi- by to the USDA, Direc- or, Office of Adjudica- , 1400 Independence nue, SW, Washington, D.C. 20250-9410	11 CHEESEBURGER BAKED FRIES OR GRAB N GO TURKEY SANDWICH	12 TACO SALAS, SALSA OR GRAB N GO PB&J SANDWICH	13 ZESTY MEATSAUCE SPAGHETTI BREADSTICK OR GRAB N GO TURKEY SANDWICH	14 COUNTRY STYLE STEAK DINNER ROLL MASHED POTATOES & GRAVY OR GRAB N GO PB&J SANDWICH	15	Choose MyPlat
eals Served With e of Milk:	18 CHEESEBURGER BAKED FRIES OR GRAB N GO TURKEY SANDWICH	19 TACO SALAS, SALSA OR GRAB N GO PB&J SANDWICH	20 ZESTY MEATSAUCE SPAGHETTI BREADSTICK OR GRAB N GO TURKEY SANDWICH	21 COUNTRY STYLE STEAK DINNER ROLL MASHED POTATOES & GRAVY OR GRAB N GO PB&J SANDWICH	22	Money mar deposited int students meal by sending ca personal checks
1% White Fat Free Strawberry Fat Free Chocolate 100% Fortified Juice Offered fast Cereals are ed sugar and whole	25 CHEESEBURGER BAKED FRIES OR GRAB N GO TURKEY SANDWICH	26 TACO SALAS, SALSA OR GRAB N GO PB&J SANDWICH	27 ZESTY MEATSAUCE SPAGHETTI BREADSTICK OR GRAB N GO TURKEY SANDWICH	28 COUNTRY STYLE STEAK DINNER ROLL MASHED POTATOES & GRAVY OR GRAB N GO PB&J SANDWICH	29	to the school r center or by online wit credit/debit ca <u>MypaymentsP</u> Fresh F & Veget



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